

2009 La Salle Summer Sport Camp Registration Form

Sessions Are Determined by the Grade the Camper Will Be Entering in the Fall of '09

Registrations will be accepted up until the 1st day of camps which are not limited. However, to be assured that the camper will receive a t-shirt, please register by the deadline date!

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BASEBALL CAMP: \$75.00 (boys only)

The LA SALLE SUMMER BASEBALL CAMP will concentrate on developing individual skills needed for various positions. Games are held each day to provide the camper the opportunity to develop their skills in actual game situations. Bring glove, bat and water jug.

Session 1: 4 th - 6 th grades	June 15 - 19	8:30a - 11:30a	Deadline: 5/29/09
Session 2: 7 th - 9 th grades	June 22 - 26	8:30a - 11:30a	Deadline: 6/5/09

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BASKETBALL CAMP - Option 1: \$85.00 Option 2: \$100.00 (boys only)

The LA SALLE SUMMER BASKETBALL CAMP places emphasis on making each participant a better player, and teaches him to continue his skill improvement. We will also have players and coaches from local colleges as guest speakers during the week.

Session 1: 7 th - 9 th grades	June 15 - 19	8:30a - 1:30p (Mon-Thurs) 8:30a - 11:30a (Fri)	Deadline: 5/29/09
Session 2: 4 th - 6 th grades	June 22 - 26	8:30a - 1:30p (Mon-Thurs) 8:30a - 11:30a (Fri)	Deadline: 6/5/09

Option 1: No lunch.

Option 2: Lunch will be provided (no drinks) Monday through Thursday only.

Canteen: Drinks, snacks, candy, and donuts will be sold. \$20.00 deposit will be collected the first day of camp. Money that is not used by the camper will be refunded at the end of the week.

BASKETBALL LEAGUE - \$40.00 (boys only)

The LA SALLE SUMMER BASKETBALL LEAGUE places the campers on teams which compete against each other in actual games.

Session 1: 7 th - 9 th grades	June 8-12 (11:45a - 3:00p), June 15 and 16 (1:40p - 3:30p)	Limited to 80
Mandatory meeting for those who are registered on Thursday, June 4 @ 8:15p in La Salle's gym.		
Session 2: 4 th - 6 th grades	June 17, 18, 19, 22, 23, 24, 25 (1:40p - 3:30p)	Limited to 60
Mandatory meeting for those who are registered on Sunday, June 14 @ 7:00p in La Salle's gym.		

BASKETBALL SHOOTING CAMP - \$35.00 (boys only)

The LA SALLE SUMMER BASKETBALL SHOOTING CAMP concentrates on developing solid shooting techniques.

Session 1: 4 th - 9 th grades	June 2 - 4 (3 days)	6:30p - 8:30p	Limited to 50
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- **BASKETBALL SPECIAL PRICING - Registration in all three.**
\$145.00 - Camp Option 1, League and Shooting
\$160.00 - Camp Option 2, League and Shooting

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BOWLING CAMP - \$80.00 (boys and girls)

The LA SALLE SUMMER BOWLING CAMP will be conducted by La Salle's USBC coaching staff. The camp will teach basic skills of bowling taken from USBC and Dick Ritger proven methods of bowling. These methods focus on fundamentals and skill drills that train bowlers to use repeatable motions resulting in high scores and averages. Bowlers will be given digital before and after video to help improve their skills. The camp will be held at Colerain Bowl on Colerain Avenue.

Session 1: 6 th - 12 th grades	July 6 - 10	12:30p - 3:30p	Deadline: 6/19/09
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CHEERLEADING CAMP - \$60.00 (girls only)

The LA SALLE SUMMER CHEERLEADING CAMP is designed to provide the camper with fundamental instruction on cheering and exercising. Instruction will be given on various cheer moves, jumps and gymnastics. Campers will be taught cheers, chants and dances as well as receive individualized instruction.

Session 1: 3 rd - 9 th grades	July 27 - July 31	1:00p - 3:00p	Deadline: 7/10/09
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FOOTBALL CAMP - \$75.00 (boys only)

The LA SALLE SUMMER FOOTBALL CAMP specializes in developing discipline, sportsmanship and teamwork while concentrating on teaching football fundamentals. Individual skills will be emphasized during individual, group and team sessions. Classroom discussion and instructional films will be used throughout the week.

Session 1: 1 st - 4 th grades	July 20 - 24	10:00a - 12:00p	Deadline: 7/3/09
Session 2: 5 th - 7 th grades	July 20 - 24	10:00a - 12:00p	Deadline: 7/3/09
Session 3: 8 th - 9 th grades	July 20 - 24	10:00a - 12:00p	Deadline: 7/3/09

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FUNDAMENTALS CAMP - \$95.00 (boys and girls)

The LA SALLE SUMMER FUNDAMENTALS CAMP is designed with the young athlete in mind. The camper will receive instruction in the fundamentals in the following sports: basketball, baseball, football, track and soccer. Campers will receive 45 minutes of instructions daily in each of the sports. We encourage athletes not to specialize at an early age, to have fun, achieve success and develop personal confidence. Since the Fundamentals Camp is an all day venture, youngsters should bring a lunch. Drinks will be provided.

Session 1: 1 st - 6 th grades	June 8 - 12	9:00a - 2:00p	Deadline: 5/22/09
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GOLF CAMP - \$95.00 (boys and girls)

The LA SALLE SUMMER GOLF CAMP will offer the opportunity to improve golf skills and enjoy match play. The camp will be held at Robin's Nest in Harrison. The daily schedule includes instruction from the course pro followed by 9 holes of golf. This is a great opportunity to refine skills.

Session 1: 6 th - 9 th grades	June 8 - 10 (3 days)	7:30a - 12:00p	Deadline: 5/22/09
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SOCCER CAMP - \$75.00 (boys and girls)

The LA SALLE SUMMER SOCCER CAMP is designed for various skill levels. Session 1 will focus on developing skills. Small-sided games will be conducted emphasizing fun while developing those skills. Session 2 will focus on developing players to compete at higher levels such as high school.

Session 1: 1 st - 4 th grades	July 6 - 10	9:00a - 11:00a	Deadline: 6/19/09
Session 2: 5 th - 9 th grades	July 13 - 17	9:00a - 11:00a	Deadline: 6/26/09

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STRENGTH AND SPEED CAMP - \$75.00 (boys and girls)

The LA SALLE SUMMER STRENGTH AND SPEED CAMP is designed to provide the camper with a no-nonsense answer to his need to improve his strength, speed, agility and conditioning. We will emphasize safe patterns of strength improvement and introduce the camper to ways of developing his speed and agility. The camper will also be educated in the detrimental effects of steroid use and other so-called "quick weight gain programs." The La Salle Strength and Speed Camp will emphasize proper nutrition and goal setting. **It is highly recommended that all incoming freshman athletes take part in this camp.**

Session 1: 6 th - 9 th grades	June 1 - 5	3:30p - 5:00p	Deadline: 5/15/09
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VOLLEYBALL CAMP – Session 1: \$70.00 / Session 2: \$85.00 or \$115.00 (boys only)

The LA SALLE SUMMER VOLLEYBALL CAMP is designed to emphasize passing, setting, hitting fundamentals and technique. There will be an opportunity to practice these skills in game situations. **Session 2 Cost Options** - \$115.00 Option receives a volleyball, \$85.00 Option does not.

Session 1: 6 th - 8 th grades	June 15 - 18 (4 days)	5:30p - 8:30p	Deadline: 5/29/09
Session 2: 9 th grade	July 13 - 16 (4 days)	5:30p - 8:30p	Deadline: 6/26/09

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Camper #1: _____ **Grade - Fall of '09** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

School Now Attending: _____ **Home Phone #:** _____

<i>T-SHIRT (adult sizes -check one)</i>	<i>CAMP(S)</i>	<i>SESSION(S)</i>
<input type="checkbox"/> <i>Small</i> <input type="checkbox"/> <i>X-Large</i>	_____	_____
<input type="checkbox"/> <i>Medium</i> <input type="checkbox"/> <i>2X-Large</i>	_____	_____
<input type="checkbox"/> <i>Large</i>	_____	_____

<i>T-SHIRT (youth sizes -check one)</i>		
<input type="checkbox"/> <i>Small</i> <input type="checkbox"/> <i>Medium</i>	_____	_____

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Camper #2: _____ **Grade - Fall of '09** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

School Now Attending: _____ **Home Phone #:** _____

<i>T-SHIRT (adult sizes - check one)</i>	<i>CAMP(S)</i>	<i>SESSION(S)</i>
<input type="checkbox"/> <i>Small</i> <input type="checkbox"/> <i>X-Large</i>	_____	_____
<input type="checkbox"/> <i>Medium</i> <input type="checkbox"/> <i>2X-Large</i>	_____	_____
<input type="checkbox"/> <i>Large</i>	_____	_____

<i>T-SHIRT (youth sizes -check one)</i>		
<input type="checkbox"/> <i>Small</i> <input type="checkbox"/> <i>Medium</i>	_____	_____

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Parent's Name: _____ **Daytime #:** _____ **Cell #:** _____

E-mail Address: _____

Emergency Contact: _____ **Daytime #:** _____ **Cell #:** _____

Make check payable to La Salle High School and mail to: Mia Kalkhoff, La Salle High School, 3091 North Bend Road, Cincinnati, OH 45239. e-mail: mia4545@fuse.net

The information on the following page must be completed in order for your child to be accepted into the Summer Camps.

Medical Information — Completed by Parent or Guardian — Please Print

Child's Name _____ Birth date ____ / ____ / ____

Child's Soc. Sec. No. * _____

Allergies _____

Medications _____

Chronic Conditions (e.g. epilepsy, diabetes) _____

Medical Insurance Co. _____ Policy No. _____

Member's Name _____ Phone No. (h) _____ (w) _____

Member's Birth date ____ / ____ / ____ Member's Soc. Sec. No. * _____

Family Doctor _____ Phone No. _____

- **Social Security Number is optional. Please note that some hospitals WILL NOT treat without it.**

ARCHDIOCESE OF CINCINNATI

PERMISSION, RELEASE AND MEDICAL POWER OF ATTORNEY (rev. 6-2006)

1. I, the lawful parent or guardian of (the "Child"), give permission for my Child to participate in La Salle Summer Sports Camps and release from all liability and indemnify the Archbishop of Cincinnati ("the Archbishop"), both individually and as trustee for the Archdiocese of Cincinnati and all parishes and schools within the Archdiocese (the "Archdiocese"), La Salle High School, and their officers, agents, representatives, volunteers, and employees from any and all liability, claims, judgments, cost and expenses, including attorneys' fees, arising out of any injury or illness incurred by my Child while participating in or traveling to or from the activity and further agree not to bring or prosecute or allow to be brought or prosecuted (including but not limited to prosecution through subrogation) in my name, or on behalf of my Child, any claims, lawsuits or actions against the Archbishop, the Archdiocese, La Salle High School, and their officers, agents, representatives, volunteers and employees.
2. I further understand that my Child's participation is purely voluntary and is a privilege and not a right, and that my Child, and I on behalf of my Child, elect to participate in spite of the risks.
3. I agree to instruct my Child to cooperate with the Archbishop or his agents in charge of the activity.
4. I appoint the Archbishop or his agents who are acting as leaders of the activity as my attorney in fact to act for me in my name and my behalf, in any way that I would act if I were personally present, with respect to the following matters if any injury, illness or medical emergency occurs during the activity or related travel:
 - (i) To give any and all consents and authorizations to any physicians, dentist, hospital or other persons or institutions pertaining to any emergency medications, medical or dental treatments, diagnostic or surgical procedures or any other emergency actions as our attorney shall deem necessary or appropriate for the best interest of the child.
 - (ii) I understand that the agents of the Archbishop will make a reasonable attempt to contact me as soon as possible in the event of a medical emergency involving my Child.
5. This power of attorney shall lapse automatically upon completion of the activity and any related travel.
6. I agree that the Archbishop or his agents may use my Child's portrait or photograph for promotional purposes, website and office functions.
7. This acknowledgement and release is intended to be as broad and inclusive as permitted by the law of the State of Ohio, and if any portion hereof is declared invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. This acknowledgement and release shall be construed in accordance with the laws of the State of Ohio, except for the choice of law provisions thereof.

I have carefully read and understand and accept the terms and conditions stated herein and acknowledge that the Permission, Release, and Medical Power of Attorney shall be effective and binding upon me, my Child, and my own and my Child's personal representative or estate, assigns, heirs, and next of kin and that I have signed this agreement of my own free will.

Signature of Parent or Guardian _____ Date ____ / ____ / ____

Home Address _____ City _____ Zip _____

Place of Employment _____

Work Address _____ City _____ Zip _____

Parent or Guardian Phone No. (w) _____ (h) _____

Emergency Contact _____ Phone No. (w) _____ (h) _____